

Republic of the Philippines  
Congress of the Philippines  
**Senate**  
Pasay City

Nineteenth Congress

Third Regular Session



RESOLUTION No. 186

RESOLUTION COMMENDING AND RECOGNIZING  
PROFESSIONAL BODYBUILDER JOVEN  
MONTILLA SAGABAIN FOR BEING THE  
CHAMPION IN THE 2023 TOKYO PRO  
BODYBUILDING MEN'S PHYSIQUE CATEGORY  
HELD LAST 27 AUGUST 2023 IN TOKYO,  
JAPAN AND FOR QUALIFYING IN THE 2023  
MR. OLYMPIA FOR TWO CONSECUTIVE YEARS

WHEREAS, the Philippine Senate has consistently recognized outstanding Filipinos who bring honor and glory to the nation through their remarkable feats and prestigious awards;

WHEREAS, the 2023 Tokyo Pro Bodybuilding Competition held last 27 August 2023 in Tokyo, Japan is sanctioned by

the International Federation of Bodybuilding and Fitness Professional League (IFBB), gathered more than sixty IFBB Pro League athletes from thirteen (13) countries such as Japan, Malaysia, USA, Indonesia, China, and Singapore, competing in Classic Physique, Men's Physique, and Bikini divisions;

WHEREAS, Joven Montilla Sagabain, an IFBB-registered professional bodybuilder from Cavite, won in the Men's Physique Category, qualifying him to join Mr. Olympia, the prestigious and largest bodybuilding competition held annually in Las Vegas, Nevada, USA;

WHEREAS, Sagabain first earned his Professional card in 2018 when he won the IFBB Philippines Pro Qualifier in the Men's Physique Overall Category. He was the Champion in the 2022 Muscle Contest Philippines held at the Subic Bay Convention and Exhibition Center in October 2022. He competed with 140 athletes from 23 countries, including Taiwan, Vietnam, Singapore, South Korea, Japan, Tunisia, Yemen, Iran, Australia, Brazil, Brunei, Cambodia, India, Russia, Nigeria, Myanmar, Malaysia, Kuwait, USA, and Indonesia;

WHEREAS, Sagabain's feat of becoming the first homegrown Filipino bodybuilder to compete in Mr. Olympia places him in history after having triumphed against renowned athletes, and is a testament to the power of discipline which is deserving of commendation for the inspiration it can give other Filipino athletes: Now, therefore, be it

*Resolved by the Senate of the Philippines, To commend and recognize Professional Bodybuilder Joven Montilla Sagabain for being hailed as champion in the 2023 Tokyo Pro Bodybuilding Men's Physique Category held last 27 August 2023 in Tokyo, Japan and for qualifying in the 2023 Mr. Olympia for two consecutive years.*

Adopted,



FRANCIS "CHIZ" G. ESCUDERO

*President of the Senate*

This Resolution was adopted by the Senate on  
September 18, 2024.



RENATO N. BANTUG Jr.

*Secretary of the Senate*

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